

## OFFICE OF COMMUNICATIONS

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## BCPS Partners with Rethink Ed to Provide Students, Families and Educators New Resources for Social and Emotional Learning

Broward County Public Schools (BCPS) is partnering with Rethink Ed to offer extensive social emotional learning (SEL) resources to students, staff and parents, including lessons, trainings, mental health supports, self-assessments and additional materials related to SEL.



These resources are provided to directly address the fear and anxiety which have emerged due to the coronavirus pandemic (COVID-19), school campus closures, abrupt changes in routines, the heightened sense of uncertainty, and increased stress levels in both children and adults. SEL provides a foundation for managing emotions, having healthy relationships, understanding and empathizing with others, being responsible and safe, learning to cope with difficult situations, and managing stress, emotions, anxiety, and fear during this unprecedented situation.

Rethink Ed SEL is a comprehensive K-12 online platform that provides opportunities for students of all ages and abilities, as well as teachers, administrators and parents, to access on-demand videos and resources to assist with managing mental health and wellness. Educators can also access instructional materials, lessons and activities for their students.

"The partnership with Rethink ED will enable the District to expand support for students, parents, and staff during this challenging time," BCPS Superintendent Robert W. Runcie said. "Physical distancing does not need to be social isolation, and these resources can strengthen our personal development and our social cohesion. I strongly encourage our community to engage with and share these extensive social emotional learning supports."

"We're honored to serve the BCPS community," Diana Frezza, Senior Vice President of Education for Rethink Ed, said. "It is important for us all to continue to focus on our physical, mental and social emotional health, and to work on strategies for helping ourselves and others build resilience and manage our emotions."

BCPS educators and students can access Rethink Ed resources from their Clever launchpad (<u>sso.browardschools.com</u>), by clicking on the *Rethink Ed* tile in the Request Center to find the app. The resources can be directly accessed at <a href="https://go.rethinkfirst.com/supportbrowardpublicschools">https://go.rethinkfirst.com/supportbrowardpublicschools</a>.

Parents can access Rethink Ed by visiting <a href="https://go.rethinkfirst.com/supportbrowardpublicschools">https://go.rethinkfirst.com/supportbrowardpublicschools</a> and scrolling to the bottom of the homepage for information on how to create their own free Rethink Ed account.

For more information on the District's commitment to social and emotional learning, visit <u>browardschools.com/SEL</u>.

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## ABOUT BROWARD COUNTY PUBLIC SCHOOLS

"Committed to educating all students to reach their highest potential."

Broward County Public Schools (BCPS) is the sixth largest school district in the nation and the second largest in the state of Florida. BCPS is Florida's first fully accredited school system since 1962. BCPS has nearly 270,000 students and approximately 175,000 adult students in 241 schools, centers and technical colleges, and 89 charter schools. BCPS serves a diverse student population, with students representing 204 different countries and 191 different languages. To connect with BCPS, visit <a href="mailto:browardschools.com">browardschools.com</a>, follow us on Twitter @browardschools, on Facebook at <a href="mailto:facebook.com/browardschools.com">facebook.com/browardschools.com</a> and download the free BCPS mobile app.